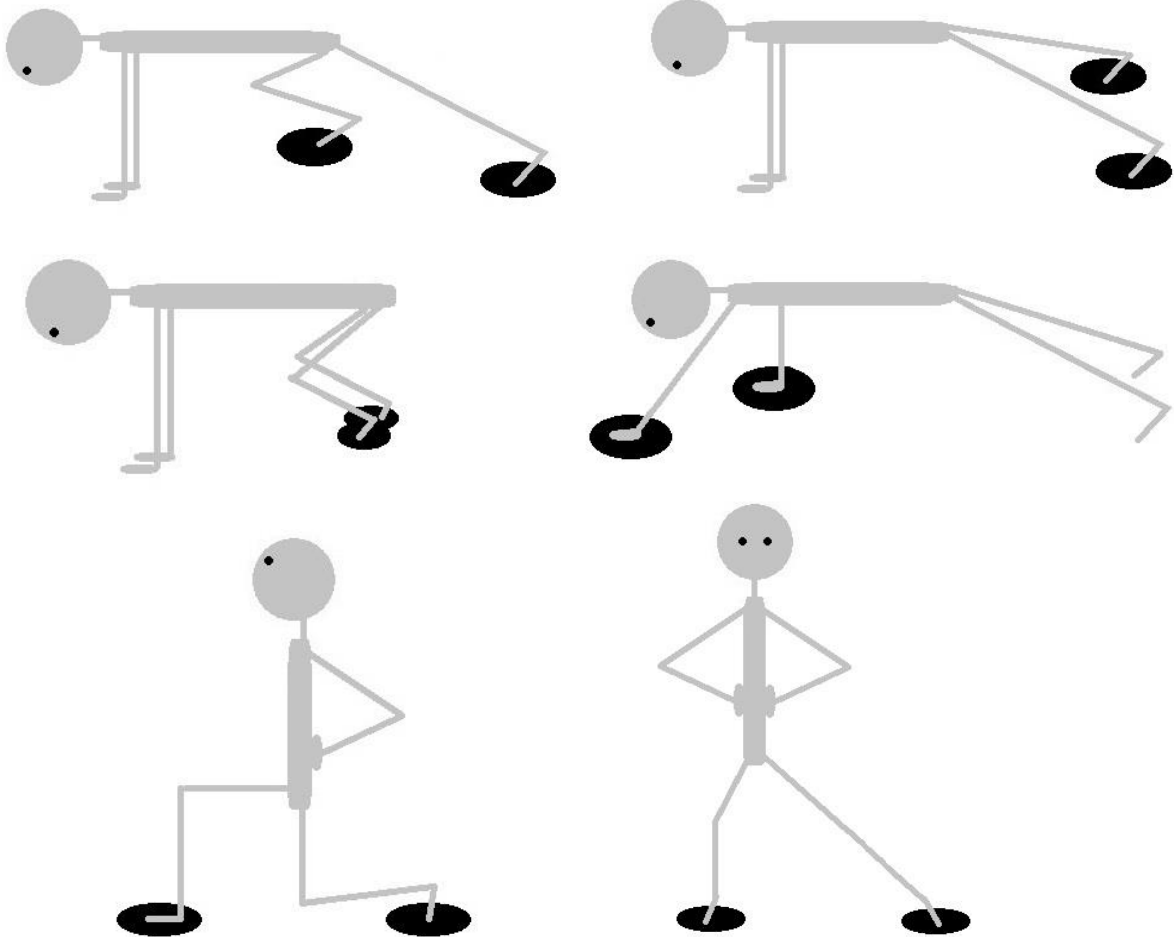


SPECFIT

HW111 Workout Suggestions



NOTE

- The above pictogram depicts core slider workouts for reference only. Depicted workouts are not to be considered as a substitute for any exercise routine prescribed by a physician.
- Do not expose this product to heat sources (such as open flame)
- Avoid cleaning this product using liquids or chemical substances (use dry cloth only)
- This product is not a toy: KEEP AWAY FROM CHILDREN